

Tune i🎵to ASD

Courses and Consultations

Autumn 2023

Adults with Autism and partners

Training and Workshops

Course title	Delegates	When	Cost
Tune into ASD for Adults with Autism Understanding and tuning into Autism within your Adult lives	Adults with a diagnosis of Autism or on the diagnostic pathway.	Monday 23rd October 7-9pm BST Via Zoom	£15 per delegate

1:1 Consultation and Coaching sessions

Service	Overview	Client group
Tune into Me Self-awareness and tailored coaching sessions.	In-person or online. Exploring how Autism presents in you and how to manage all aspects of life and be the best version of you.	Adults with a diagnosis of Autism or suspected Autism
Supporting Me to Tune into ASD Specialist and tailored coaching sessions.	In-person or online. Exploring and managing the presentation of Autism within the relationship and the home.	Adults with Autism and their partners

To book a place on a course or to enquire about 1:1 consultation and coaching sessions, **please email admin@tuneintoasd.com or visit our website www.tuneintoasd.com** for more information about the services we provide.



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