



St. Margarets, Stevenage, Hertfordshire, SG2 8RG

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Wednesday 21st June 2017

Dear Parent,

Towards the end of this term, as part of the school's Personal, Social and Health Education programme, your child will receive Sex and Relationship Education (SRE) lessons.

The key aims of SRE are to:

1. Provide accurate and relevant information about the physical and emotional changes that children and young people will experience through their formative years and into adulthood.
2. Teach children and young people to develop values, attitudes, personal and social skills, and increase their knowledge and understanding to make informed decisions and life choices.
3. Foster self-awareness and self-esteem.
4. Develop a sense of responsibility and respect for themselves and others.

In Years 2 to 6, they watch a DVD from the Channel 4 Living and Growing series. Other year groups use books to deliver the SRE programme. All teaching materials are appropriate to the age and emotional maturity of the pupils concerned and the teachers will aim to present the programme in an objective, balanced and sensitive manner. The following information gives a brief outline of the material covered in each year group:

EYFS

Understand that hygiene is important and recognise that all families are different.

Year 1

Introduce the concept of growing and changing; explore different types of families and who to ask for help; know how to keep clean and look after oneself.

Year 2

Identify some of the differences between males and females and understand how this is part of the lifecycle; name the male and female body parts.

Year 3

Understand personal space; understand that all families are different and have different family members; identify who to go to for help and support; know some differences and similarities between males and females.

Year 4

Explore the human life cycle; identify some basic facts about puberty and how this is linked to reproduction.



Year 5

Explore the emotional and physical changes occurring in puberty; understand male and female puberty changes in more detail.

Year 6

Consider physical and emotional behaviour in relationships; explore the process of conception and pregnancy; explore positive and negative ways of communicating in a relationship.

So that parents can observe and discuss the content prior to their child participating in the lessons, class teachers will be available at the following times to talk through the SRE lesson content for their class and to show you the DVD:

Tuesday 27 th June	Year 1	3:00pm – 3:15pm
Wednesday 28 th June	Year 6	2:00pm – 3:00pm
Monday 3 rd July	Year 5	2:45pm – 3:15pm
Tuesday 4 th July	Year 4	2:30pm – 3:15pm
Wednesday 5 th July	Year 3	2:30pm – 3:15pm
Thursday 6 th July	Year 2	2:00pm – 3:15pm

Parents can withdraw their children from all or part of Sex and Relationship Education that does not form part of the statutory National Curriculum. If you wish to withdraw your child from all or part of the school's SRE programme, parents must put this in writing to their child's class teacher before the programme starts. Class teachers will begin the programme in the days following the parent information sessions for their class.

Please complete the form below if you wish to attend the parent information session.

Yours sincerely,

Mr Fordham
Headteacher

I would like to attend the SRE parent information session for my child's class.

Parent of: _____ (child's name)

Year Group: _____

Signed: _____