

Tuesday 2nd April 2019

Dear Parents and carers,

During the summer term, as part of the school's Personal, Social and Health Education programme, your child will receive Sex and Relationship Education (SRE) lessons.

The key aims of SRE are to:

1. Provide accurate and relevant information about the physical and emotional changes that children and young people will experience through their formative years and into adulthood.
2. Teach children and young people to develop values, attitudes, personal and social skills, and increase their knowledge and understanding to make informed decisions and life choices.
3. Foster self-awareness and self-esteem.
4. Develop a sense of responsibility and respect for themselves and others.

All teaching materials, including programmes on a dvd, are appropriate to the age and emotional maturity of the pupils concerned and the teachers will present the programme in an objective, balanced and sensitive manner. The following information gives a brief outline of the material covered in each year group:

EYFS

Understand that hygiene is important and recognise that all families are different.

Year 1

Introduce the concept of growing and changing; explore different types of families and who to ask for help; know how to keep clean and look after oneself.

Year 2

Identify some of the differences between males and females and understand how this is part of the lifecycle; name the male and female body parts.

Year 3

Understand personal space; understand that all families are different and have different family members; identify who to go to for help and support; know some differences and similarities between males and females.

Year 4

Explore the human life cycle; identify some basic facts about puberty and how this is linked to reproduction.

Year 5

Explore the emotional and physical changes occurring in puberty; understand male and female puberty changes in more detail.

Year 6

Consider physical and emotional behaviour in relationships; explore the process of conception and pregnancy; explore positive and negative ways of communicating in a relationship.

If you have any concerns or questions or would like to view the material, please talk to your class teacher who will be only too happy to help.

Yours sincerely,

Mrs Prosser and Mrs Solomon
PSHE subject leaders

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