

A Complete Guide to Parenting Children with ALL Special Education Needs

& related conditions inclusive of those awaiting
diagnosis/assessment

This course is free for all parents living in Hertfordshire and caring for a primary aged child inclusive of those awaiting diagnosis or with a diagnosis of all Special Education Needs, Autism, ADHD etc.

This course will provide you with:

Greater knowledge and understanding of SEND language and acronyms

Greater understanding and answer the question, 'Why does my child do that?'

A range of practical strategies to better manage behaviours that challenge.

Clearer understanding of anger triggers and strategies to reduce angry meltdowns.

Techniques to support siblings living with a sister/brother with additional needs/challenging behaviours.

Communication techniques to reduce 'emotional traffic jams' and improve your child's emotional regulation

Tried and tested strategies to reduce conflict within your family

Understanding of the feelings & emotions of parenting children with special needs

Techniques to help manage family stress

Increased knowledge of the range of services and organisations that can support you and your family

Where:

**In the comfort
of your own
home via zoom**

When:

Thursdays 12pm to 2pm

(10 sessions)

June 4th, 11th, 18th, 25th

July 2nd

September 10th, 17th, 24th

October 1st, 8th

Funded by Hertfordshire CC
for Hertfordshire parents



Book via Eventbrite for our online, virtual course:

<https://www.eventbrite.co.uk/e/complete-guide-to-parenting-children-with-send-aged-2-11years-stevenage-tickets-98870088095>

or email: bookings@familiesinfocus.co.uk