

https://www.youtube.com/watch?v
=DBKJtFPmnuY&feature=youtu.be

What does 'change' mean?

How can change be positive?

When can it be negative?

Think of a time when something in your life changed.
What was it?

How did it affect you?

How did you react?

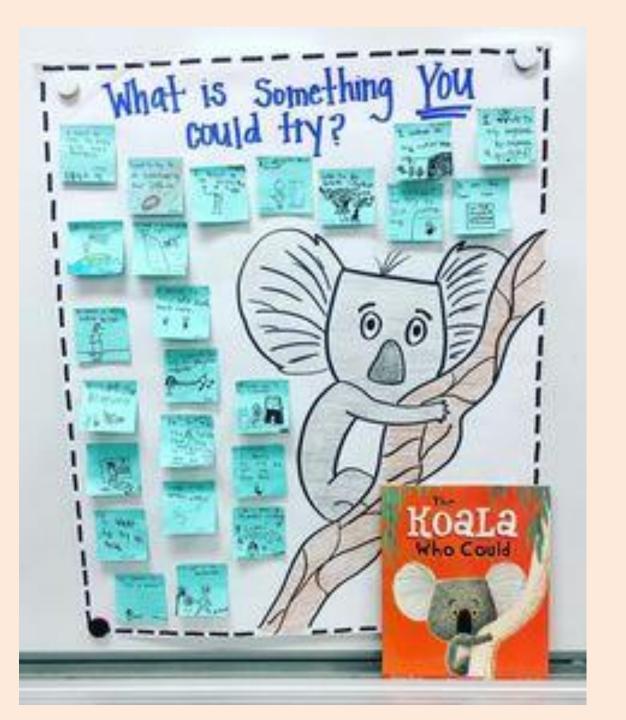
Discuss strategies that we can use when something in life is changing.

How can we help others when their life is changing?

Kevin is terribly good at three things: clinging, napping and munching on leaf-buns.

What three things are you really good at?

What skill do you need to improve?



Write on the blog something you could try so that we can put together a class list.

Why is Kevin afraid of change?

How did his friends help him?

What does it mean to have a 'CAN-DO' attitude?

How could you use this in your own life?