

GET READY TO BE AN
ANCIENT GREEK

WITH THOSE HISTORY PEOPLE

Very soon **Those History People** will visit your school for a **Ancient Greek day**. On this day there will be lots of practical making activities, like *making a wax tablet*, making **clay amphora jars**, learning to *carve soap-stone* or making a *mosaic*. You will also learn how to behave like a Ancient Greek including how to be a **slave**, **Athenian democrat**, or even one of the **hoplites** (the Ancient Greek soldier).

So that you really feel like an Ancient Greek there are two things you need to do: **pick a name** and get an **Ancient Greek costume**.

Once you have done these two things you are ready to travel back in time to the year 490 BCE and participate in Athenian society. It's important you don't turn up being a specific famous Ancient Greek, as you will randomly be chosen to be either **demos** (Athenian citizen), **metic** (non-citizen) or **doulos** (slave).

PICK A NAME

On your Ancient Greek day you will need a ancient Ancient Greek name. Pick one from the list below.

GIRLS NAMES: If you're a girl choose a name from this list

Adoni, Aglea, Airla, Alcamene, Alexa, Alexandra, Amarna, Barbara, Berenike, Callisto, Chara, Chloë, Chrysanthe, Danae, Daphne, Desma, Dione, Dorcia, Doris, Echo, Eirene, Elene, Erika, Frona, Harmonia, Hebe, Hermia, Iantha, Ioanna, Kalliope, Cassandra, Korë, Leda, Lysa, Maia, Melantha, Melina, Myrine, Nyx, Ophelia, Pallas, Pandora, Persis, Philomela, Phyllis, Polymina, Rhea, Sara, Selene, Thais, Thalia, Xanthe, Xenia, Zenobia, Zoë, Zona.

BOYS NAMES: If you're a boy choose a name from this list

Abydos, Acaeus, Acrisias, Adrestus, Agis, Androdamos, Anytos, Balius, Bianor, Borus, Castor, Charillos, Cineas, Cleon, Damiskos, Dardanus, Davos, Deon, Dorian, Echephron, Epeius, Eos, Eryx, Galenus, Gallus, Hagias, Halius, Heraklides, Hylas, Iasos, Icarion, Irus, Isidor, Kallias, Kassandros, Kreon, Kyros, Leon, Lycus, Lysis, Macarias, Marcion, Melas, Nestor, Nicon, Nilus, Nireus, Olus, Orion, Otreus, Palaemon, Pelias, Philemon, Phylas, Sebastos, Strymon, Syloson, Telamon, Telemachos, Tellias, Xanthos, Zosimus.

NOTE TO PARENTS

We also know that parents are very busy so you can always buy a costume off the internet. However they can be expensive and some are a fire risk.

With a little bit of ingenuity however it is easy to put a costume together on a budget. These instructions are for both boy and girl costumes, the only difference is that the girls tunic is longer.

Tunic: A simple over sized (XL adult) white t-shirt for will make an excellent tunic.

A Tunic could also easily be made from an old sheet, folded over and stitched up the side and cutting out a hole for the head at the top.

Cloak: An old sheet cut to size and tied or pinned at the shoulder.

Sandals: Simple leather sandals, but any sensible footwear will do.

IMPORTANT: Please DO NOT send your children in with weapons or shields. The pupils will be instructed to leave these in the classroom. Those History People will bring all the equipment to train as an Ancient Greek Hoplite.

ANCIENT GREEK COSTUME

Now you have an Ancient Greek name you will need a costume. The costumes for boys and girls is very similar.

BOYS COSTUME

A simple Ancient Greek boys would have consisted of just a simple white tunic, tied at the waist with a leather or rope belt.

A cloak could be added pinned at the shoulder.



GIRLS COSTUME

A simple Ancient Greek girls would have consisted of just a simple white linen ankle dress with sandals.

Like the boys a cloak can be added.