



# ROEBUCK ACADEMY PSHE Curriculum Map



## PSHE Curriculum Map - Yearly Overview

Term	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn 1	<ul style="list-style-type: none"> <li>Feeling special and safe</li> <li>Being part of a class</li> <li>Rights and responsibilities</li> <li>Rewards and feeling proud</li> <li>Consequences</li> <li>Owning the Learning Charter</li> </ul>	<ul style="list-style-type: none"> <li>Hopes and fears for the year</li> <li>Rights and responsibilities</li> <li>Rewards and consequences</li> <li>Safe and fair learning environment</li> <li>Valuing contributions</li> <li>Choices</li> <li>Recognising feelings</li> </ul>	<ul style="list-style-type: none"> <li>Setting personal goals</li> <li>Self-identity and worth</li> <li>Positivity in challenges</li> <li>Rules, rights and responsibilities</li> <li>Rewards and consequences</li> <li>Responsible choices</li> <li>Seeing things from others' perspectives</li> </ul>	<ul style="list-style-type: none"> <li>Being part of a class team</li> <li>Being a school citizen</li> <li>Rights, responsibilities and democracy (school council)</li> <li>Rewards and consequences</li> <li>Group decision-making</li> <li>Having a voice</li> <li>What motivates behaviour</li> </ul>	<ul style="list-style-type: none"> <li>Planning the forthcoming year</li> <li>Being a citizen</li> <li>Rights and responsibilities</li> <li>Rewards and consequences</li> <li>How behaviour affects groups</li> <li>Democracy, having a voice, participating</li> </ul>	<ul style="list-style-type: none"> <li>Identifying goals for the year</li> <li>Global citizenship</li> <li>Children's universal rights</li> <li>Feeling welcome and valued</li> <li>Choices, consequences and rewards</li> <li>Group dynamics</li> <li>Democracy, having a voice</li> <li>Anti-social behaviour</li> <li>Role-modelling</li> </ul>
Autumn 2	<ul style="list-style-type: none"> <li>Similarities and differences</li> <li>Understanding bullying and knowing how to deal with it</li> <li>Making new friends</li> <li>Celebrating the differences in everyone</li> </ul>	<ul style="list-style-type: none"> <li>Similarities and differences</li> <li>Understanding bullying and knowing how to deal with it</li> <li>Making new friends</li> <li>Celebrating the differences in everyone</li> </ul>	<ul style="list-style-type: none"> <li>Assumptions and stereo types about gender</li> <li>Understanding bullying</li> <li>Standing up for self and others</li> <li>Making new friends</li> <li>Gender diversity</li> <li>Celebrating difference and remaining friends</li> </ul>	<p>Families and their differences</p> <ul style="list-style-type: none"> <li>Family conflict and how to manage it (child-centred)</li> <li>Witnessing bullying and how to solve it</li> <li>Recognising how words can be hurtful</li> <li>Giving and receiving compliments</li> </ul>	<ul style="list-style-type: none"> <li>Challenging assumptions</li> <li>Judging by appearance</li> <li>Accepting self and others</li> <li>Understanding influences</li> <li>Understanding bullying</li> <li>Problem-solving</li> <li>Identifying how special and unique everyone is</li> <li>First impressions</li> </ul>	<ul style="list-style-type: none"> <li>Cultural differences and how they can cause conflict</li> <li>Racism</li> <li>Rumours and name-calling</li> <li>Types of bullying</li> <li>Material wealth and happiness</li> <li>Enjoying and respecting other cultures</li> </ul>
Spring 1	<ul style="list-style-type: none"> <li>Setting goals</li> <li>Identifying successes and achievements</li> <li>Learning styles</li> <li>Working well and celebrating achievement with a partner</li> <li>Tackling new challenges</li> <li>Identifying and overcoming obstacles</li> <li>Feelings of success</li> </ul>	<ul style="list-style-type: none"> <li>Achieving realistic goals</li> <li>Perseverance</li> <li>Learning strengths</li> <li>Learning with others</li> <li>Group co-operation</li> <li>Contributing to and sharing success</li> </ul>	<ul style="list-style-type: none"> <li>Difficult challenges and achieving success</li> <li>Dreams and ambitions</li> <li>New challenges</li> <li>Motivation and enthusiasm</li> <li>Recognising and trying to overcome obstacles</li> <li>Evaluating learning processes</li> <li>Managing feelings</li> <li>Simple budgeting</li> </ul>	<ul style="list-style-type: none"> <li>Hopes and dreams</li> <li>Overcoming disappointment</li> <li>Creating new, realistic dreams</li> <li>Achieving goals</li> <li>Working in a group</li> <li>Celebrating contributions</li> <li>Resilience</li> <li>Positive attitudes</li> </ul>	<ul style="list-style-type: none"> <li>Future dreams</li> <li>The importance of money</li> <li>Jobs and careers</li> <li>Dream job and how to get there</li> <li>Goals in different cultures</li> <li>Supporting others (charity)</li> <li>Motivation</li> </ul>	<p>Personal learning goals, in and out of school</p> <ul style="list-style-type: none"> <li>Success criteria</li> <li>Emotions in success</li> <li>Making a difference in the world</li> <li>Motivation</li> <li>Recognising achievements</li> <li>Compliments</li> </ul>



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## PSHE Curriculum Map - Yearly Overview

Term	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Spring 2	<ul style="list-style-type: none"> <li>• Keeping myself healthy</li> <li>• Healthier lifestyle choices               <ul style="list-style-type: none"> <li>• Keeping clean</li> <li>• Being safe</li> </ul> </li> <li>• Medicine safety/safety with household items               <ul style="list-style-type: none"> <li>• Road safety</li> </ul> </li> <li>• Linking health and happiness</li> </ul>	<ul style="list-style-type: none"> <li>• Motivation</li> <li>• Healthier choices               <ul style="list-style-type: none"> <li>• Relaxation</li> </ul> </li> <li>• Healthy eating and nutrition               <ul style="list-style-type: none"> <li>• Healthier snacks and sharing food</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Exercise               <ul style="list-style-type: none"> <li>• Fitness challenges</li> </ul> </li> <li>• Food labelling and healthy swaps</li> <li>• Attitudes towards drugs</li> <li>• Keeping safe and why it's important online and off line scenarios</li> <li>• Respect for myself and others</li> <li>• Healthy and safe choices</li> </ul>	<ul style="list-style-type: none"> <li>• Healthier friendships               <ul style="list-style-type: none"> <li>• Group dynamics                   <ul style="list-style-type: none"> <li>• Smoking</li> <li>• Alcohol</li> </ul> </li> <li>• Assertiveness</li> <li>• Peer pressure</li> </ul> </li> <li>• Celebrating inner strength</li> </ul>	<ul style="list-style-type: none"> <li>• Smoking, including vaping               <ul style="list-style-type: none"> <li>• Alcohol</li> </ul> </li> <li>• Alcohol and anti-social behaviour               <ul style="list-style-type: none"> <li>• Emergency aid</li> <li>• Body Image</li> </ul> </li> <li>• Relationships with food               <ul style="list-style-type: none"> <li>• Healthy choices</li> </ul> </li> <li>• Motivation and behaviour</li> </ul>	<ul style="list-style-type: none"> <li>• Taking personal responsibility</li> <li>• How substances affect the body</li> <li>• Exploitation, including 'county lines' and gang culture</li> <li>• Emotional and mental health               <ul style="list-style-type: none"> <li>• Managing stress</li> </ul> </li> </ul>
Summer 1	<ul style="list-style-type: none"> <li>• Belonging to a family</li> <li>• Making friends/being a good friend</li> <li>• Physical contact preferences               <ul style="list-style-type: none"> <li>• People who help us</li> <li>• Qualities as a friend and person</li> </ul> </li> <li>• Self-acknowledgement</li> <li>• Being a good friend to myself               <ul style="list-style-type: none"> <li>• Celebrating special relationships</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Different types of family</li> <li>• Physical contact boundaries</li> <li>• Friendship and conflict               <ul style="list-style-type: none"> <li>• Secrets</li> </ul> </li> <li>• Trust and appreciation</li> <li>• Expressing appreciation for special relationships</li> </ul>	<ul style="list-style-type: none"> <li>• Family roles and responsibilities               <ul style="list-style-type: none"> <li>• Friendship and negotiation</li> <li>• Keeping safe online and who to go to for help</li> <li>• Being a global citizen</li> </ul> </li> <li>• Being aware of how my choices affect others               <ul style="list-style-type: none"> <li>• Awareness of how other children have different lives</li> </ul> </li> <li>• Expressing appreciation for family and friends</li> </ul>	<ul style="list-style-type: none"> <li>• Jealousy</li> <li>• Love and loss</li> <li>• Memories of loved ones</li> <li>• Getting on and Falling Out</li> <li>• Girlfriends and boyfriends</li> <li>• Showing appreciation to people and animals</li> </ul>	<ul style="list-style-type: none"> <li>• Self-recognition and self-worth</li> <li>• Building self-esteem</li> <li>• Safer online communities</li> <li>• Rights and responsibilities online</li> <li>• Online gaming and gambling               <ul style="list-style-type: none"> <li>• Reducing screen time</li> </ul> </li> <li>• Dangers of online grooming               <ul style="list-style-type: none"> <li>• SMARTT internet safety rules</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Mental health</li> <li>• Identifying mental health worries and sources of support               <ul style="list-style-type: none"> <li>• Love and loss</li> <li>• Managing feelings</li> <li>• Power and control</li> <li>• Assertiveness</li> <li>• Technology safety</li> </ul> </li> <li>• Take responsibility with technology use</li> </ul>
Summer 2	<ul style="list-style-type: none"> <li>• Life cycles – animal and human               <ul style="list-style-type: none"> <li>• Changes in me</li> </ul> </li> <li>• Changes since being a baby</li> <li>• Differences between female and male bodies (correct terminology)</li> <li>• Linking growing and learning               <ul style="list-style-type: none"> <li>• Coping with change</li> <li>• Transition</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Life cycles in nature</li> <li>• Growing from young to old</li> <li>• Increasing independence</li> <li>• Differences in female and male bodies (correct terminology)               <ul style="list-style-type: none"> <li>• Assertiveness</li> </ul> </li> <li>• Preparing for transition</li> </ul>	<ul style="list-style-type: none"> <li>• How babies grow</li> <li>• Understanding a baby's needs</li> <li>• Outside body changes</li> <li>• Inside body changes               <ul style="list-style-type: none"> <li>• Family stereotypes</li> </ul> </li> <li>• Challenging my ideas</li> <li>• Preparing for transition</li> </ul>	<ul style="list-style-type: none"> <li>• Being unique</li> <li>• Having a baby               <ul style="list-style-type: none"> <li>• Girls and puberty</li> </ul> </li> <li>• Confidence in change               <ul style="list-style-type: none"> <li>• Accepting change</li> </ul> </li> <li>• Preparing for transition</li> <li>• Environmental change</li> </ul>	<ul style="list-style-type: none"> <li>• Self- and body image</li> <li>• Influence of online and media on body image               <ul style="list-style-type: none"> <li>• Puberty for girls</li> <li>• Puberty for boys</li> </ul> </li> <li>• Conception (including IVF)</li> <li>• Growing responsibility               <ul style="list-style-type: none"> <li>• Coping with change</li> </ul> </li> <li>• Preparing for transition</li> </ul>	<ul style="list-style-type: none"> <li>• Self-image</li> <li>• Body image</li> <li>• Puberty and feelings</li> <li>• Conception to birth</li> <li>• Reflections about change               <ul style="list-style-type: none"> <li>• Physical attraction</li> </ul> </li> <li>• Respect and consent</li> <li>• Boyfriends/girlfriends               <ul style="list-style-type: none"> <li>• Sexting</li> <li>• Transition</li> </ul> </li> </ul>