

## Physical Education (P.E.) Policy

### Introduction

At Roebuck Academy, we believe that physical education, experienced in a safe and supportive environment, is vital and unique in its contribution to a pupil's physical and emotional development and health.

A balance of individual, team, co-operative and competitive activities, through dance, games, gymnastics, swimming, athletics and outdoor adventurous activities, aims to cater for individual needs and abilities. The scheme of work is based upon progressive learning objectives, which, combined with varied and flexible teaching styles, endeavour to provide appropriate stimulating, challenging and enjoyable experiences for all pupils. We ensure that children have an entitlement of 2 hours of PE a week minimum.

### The aims of P.E. teaching

To enable children:

- To develop an ability to plan a range of movement sequences, organize equipment and apparatus, and begin to design and apply simple rules.
- To promote positive attitudes towards health, hygiene and fitness.
- To foster an appreciation of safe practice.
- To develop control, co-ordination, creativity and imagination through the exploration of physical skills.
- To foster enjoyment in physical activity, together with the ability to evaluate his/her own performance.

### P.E. Curriculum Planning

The school follows the National Curriculum for medium term planning to ensure progression, supported where appropriate by commercially produced schemes:-

- Val Sabin – Gymnastics
- Val Sabin – Games
- Val Sabin – Top Start
- Val Sabin – Dance
- Elevate Athletics
- Top Play
- Top Sport
- 'Rising Stars' – To be invested in from January 2018

Most lessons are assisted by a Sports based Teaching Assistant, who is helping to secure good practice throughout the school. The PE Assistant is also responsible for delivering interventions where applicable, to ensure children are progressing in line with National expectations.

Children's knowledge, skills, understanding and challenge are developed through a mixture of whole-class teaching and individual/group/team activities, according to each individual's physical ability, using a wide range of resources and equipment.

The curriculum planning in PE is carried out in two phases (long-term and medium-term). The long-term plan maps out the PE activities covered in each term during the key stage. The PE Subject leader works this out in conjunction with teaching colleagues in each year group.

The school P.E. curriculum covers all areas of activity as statutory in the National Curriculum. We administer gym, athletics, dance and games at both Key stages, plus swimming, water safety and Outward bound and adventurous activities (OAA) at KS2.

Year group teachers plan weekly following a common planning format, specifying specific learning objectives, activities and resources to be used. Copies of medium term and long term plans are kept in the Class Teachers Planning files.

### **The Early Years Foundation Stage (EYFS)**

We encourage the physical development of our children in the EYFS as an integral part of their work. We relate the physical development of the children to the objectives set out in the EYFS, which underpin the curriculum planning for children aged 3 to 5 years of age. We encourage the children to develop confidence and control of the way they move, and the way they handle tools and equipment. We give all children the opportunity to undertake activities that offer appropriate physical challenge, both indoors and outdoors, using a wide range of resources to support specific skills.

### **Assessment and Recording**

The teacher records the attainment grades on an assessment sheet which is saved in the PE Assessments file. We use these grades as the basis for assessing the progress of each child and we pass this information on to the next teacher at the end of the year.

In addition, the class teacher produces an assessment of each child in their end of year report to parents.

### **Resources**

There is a large hall, well resourced with both portable and fixed gym apparatus. The hall has a storage area for small equipment, easily accessible by the children with adult supervision.

For outdoor activities we have a range of athletics resources, and portable posts and nets for football and netball.

We use the local pool for swimming lessons.

In addition to this, there is an increasing range of written and audio/visual resources available to staff.

### **Health and Safety**

We encourage the children to consider their own safety and the safety of others at all times.

Teachers set a good example by wearing appropriate clothing when teaching PE.

All children must wear the school regulation P.E. kit, with tracksuits permitted in cold weather. All jewellery must be removed before lessons and where earrings cannot be removed the child must cover them with tape.

The BAALPE publication 'Safe Practice in P.E' is available to all staff.

### **Monitoring and Review**

The P.E. Subject leader monitors and evaluates pupil progression and the quality of teaching in P.E. The P.E. Subject leader is also responsible for supporting colleagues in the teaching of PE, for being informed about current developments in the subject, and providing a strategic lead and direction for the subject in the school. The P.E. Subject leader gives the Senior Leadership Team

an annual summary report in which she evaluates the strengths in the subject and indicates areas for further improvement. The P.E. Subject leader has specially allocated time to review evidence of the children's work and undertake lesson observations of P.E. teaching across the school.

### **Extra-curricular activities**

The school provides a range of weekly P.E. related after school clubs, including introducing a competitive element to team games through fixtures against other local schools. These opportunities also further develop team spirit, co-operation and sportsmanship.

**Date:** Autumn 2017

**Review Date:** Autumn 2018