



HOME LEARNING CHALLENGES WITH ROEBUCK ACADEMY

Welcome to our new 'Rainbow Home Learning Challenges' - designed to support you all with the important task of home learning whilst at the same time entertaining your children during this time of uncertainty!

We will aim to post a new set of challenges, designed for pupils of all ages to enjoy, as often as we can. The 'Rainbow Challenges' will supplement the home learning that we are providing every day. You are free to choose to complete as many as you can!

Hopefully the challenges will be fun, hands on and provide children with learning experiences which will keep them engaged and stimulated! We hope you and your children enjoy them.

Please also find a timetable of the possible activities which may keep you going throughout any given day. The DFE has also produced the following list of suggested educational activities which you can find [here](#). This will be updated over time.



9:00am PE with Joe	10:00am Phonics with Phonics Play or Monster Phonics	11:00am Body Percussion on Youtube	11:00am Science with Maddie Moate on Youtube	11:30am Dance with Oti Mabuse on YouTube	1:00pm Maths with Carol Vorderman	2:00pm Reading with Oxford Owl
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RED CHALLENGE: Have a go at building your very own Lego Landmark!

Lego is so amazing and can keep children occupied for hours! Why not challenge your children to build a famous Landmark from anywhere around the world...Big Ben, Stonehenge, Buckingham Palace - the world is your oyster!

When completed why not photograph your landmark and place on our Facebook page or our twitter feed: @Academy Roebuck

Shhhh...don't tell anyone what landmark you have chosen...see if they can guess!



YELLOW CHALLENGE: Create your own Handprint art.

Painting and drawing is a great way to relax, to increase positive well-being and to express creativity. What better way to do this than by creating your very own animals through making your very own 'Handprint' art. Use Pinterest for inspiration and get painting!

Why not send images of your animal collection through to our RSA Facebook page. It would be great to see the children's lovely artwork.



ORANGE CHALLENGE: Take Some Time for **YOU** with Headspace.

One thing is certain - Headspace is there for you. To help support you through this time of uncertainty - they are offering a range of meditations that you can listen to at any time. These are part of a larger collection in the Headspace app - free - called 'Weathering the Storm'. The collection includes: meditations, sleep, and movement exercises to help you out, however you're feeling. This is just one way of helping you to find some space and kindness for yourself and those around you.



GREEN CHALLENGE- Take some time for PE with Joe Wicks!

Children will be missing out on their morning and lunch playtimes and being inside for most of the day will leave them with tonnes of energy which they need to release. How about watching and joining in with Joe Wicks, the Body Coach, on You Tube. Joe's live streams begin every day at 9:00am. It is such a positive way to start the morning and really sets children and adults up for the day ahead! Perhaps you can post some of you joining in on our Facebook page.

TURQUOISE CHALLENGE: Why not join in with Ollie Tunmer with his very own 'Body Percussion?'

<https://m.youtube.com/user/OllieTunmer>

A truly great way of calming the body and looking after our own wellbeing. An expressive way to incorporate high-level exercise with music and dance. Perhaps you could give it a go and see if you enjoy the classes.



BLUE CHALLENGE: Can you build a house for a fairy or an elf?

Get creative and design and build a house for a fairy or an elf. The theme can be anything you want but you must make sure that you use as many natural materials as possible such as: grass, fallen leaves, sticks, pebbles, stones, shells, bark, seed pods and flowers. Please post images of your final results on the RSA page.



PURPLE CHALLENGE: How to Grow a Rainbow!

Is it possible to grow a rainbow? Learn how to using this YouTube video:

<https://www.youtube.com/watch?v=8iZCNnYewmk>

Rainbows are appearing in windows all across our Roebuck community, helping to spread positive messages and provide support for the NHS workers. SO why don't you grow your very own rainbow? When dry you can place in your window for other people to spot when walking! Please photograph your rainbows and place on the RSA Facebook page as we will be keeping all images for a Memory Book.



DREAM, BELIEVE, ACHIEVE
WITH ROEBUCK ACADEMY